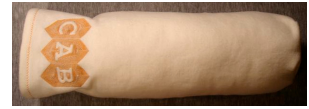


# Fleece Neck Roll Cover

Carol A. Brown

Create this easy neck roll cover for yourself or for someone you love. Fleece is easy to sew since it does not ravel. It is soft and cozy on a pillow, too. The cover is long enough to allow the embroidery to extend past the pillow so the embroidery will not scratch your neck.

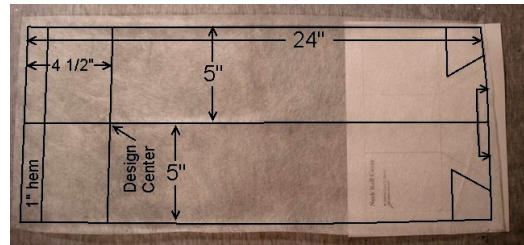


## Materials:

1. Contour Cut-Outs Alphabets, available at [http://www.annthegran.com/online\\_store/fancyjumbles.htm](http://www.annthegran.com/online_store/fancyjumbles.htm)
2. 60" wide fleece: 1/3 yard.
3. Pattern tracing material: 11" x 25" piece.
4. 14" x 6" diameter neck bolster pillow form.
5. Thread.
6. Embroidery thread.
7. Soluble or Cutaway Stabilizer, available at <http://www.annthegran.com/Shop.aspx?ssp=/2/11>

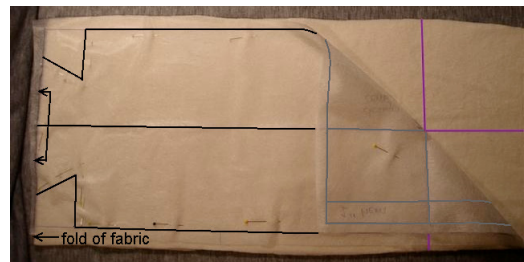
## Draft Pattern:

1. On pattern tracing material, draw a rectangle 10" x 24". Add a center line along the length, as shown here.
2. On one short end of the rectangle, draw a line 1" from the edge, to create a hem allowance.
3. Draw another line 4 1/2" from the same end for marking design center.
4. At the opposite short end, trace the pattern provided in these instructions. When you print the page, make sure you select NONE for page scaling.



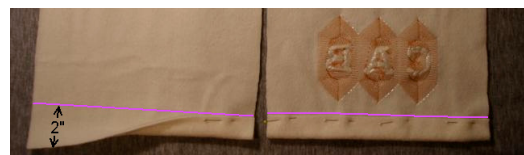
## Embroider Design:

1. Arrange an embroidery design no larger than 5" high and 8" wide.
2. Fold fleece right side out, with selvages together. Pin pattern to fleece with arrows at fold. Pin only the lower half of the pattern to the fleece.
3. Mark centering lines with fading or removable marker.
4. Fold the back layer out of the way and hoop only the top layer. If you prefer, hoop stabilizer and affix fabric with temporary basting spray.
5. Embroider design at centering lines so that the bottom of the design faces the hem. Remove Fix-Baste (if any) and excess stabilizer.



## Cut and Assemble Cover:

1. Smooth the front and back layers of fabric back together and finishing pinning the pattern in place.
2. Make sure the embroidery is centered under the centering lines.
3. Cut out the pattern.
4. On the wrong side, mark a line 2" from each short end.
5. Fold the raw edges up to meet these marks and pin in place.
6. Press folds, remove pins and allow the folds to fall open.



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7. Right sides together pin the long sides of the cover.
8. Stitch seams beginning at the edge of the hem and ending 1/2" above the bottom of the side extension.
9. Press seams open on sleeve board or dowel rod.
10. Refold hem in place and press in the area of the seams.
11. Pin bottom darts with side seams facing up. Match raw edges. Center the seam under the point of the triangular base.
12. Stitch 1/2" seams, pivoting at the seam. Backstitch off the fabric at the start of the seams. Stitch off the fabric and back on at the end of the seams.
13. Refold hem and pin in place.
14. Stitch on right side of cover with straight or decorative stitch. You may want to use embroidery thread for decorative stitching.
15. Turn the cover right side out.
16. Insert bolster pillow form. TIP: The diameter of the cover is smaller than that of the bolster. The tight fit gives a smooth look to the finished neck roll but makes insertion tricky. Remove twist-tie or other closure but leave the bolster in its plastic bag. Compress the bolster with your hands and insert into the cover, beginning with the open end of the bag. When the flat end of the bolster is all the way to the bottom of the cover, remove the bag. The cover will spread out evenly as you bag slides out. Enjoy!



# Neck Roll Cover

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