

# Nursing Cover Instructions

Here is what you need:

- 36"w×26"l Cotton Fabric (Finished size is approx 34" w×24"l)
- Strip of fabric 4" x 8"
- Strip of fabric 4" x 28"
- D Rings (one set of 2)
- 12" Boning covered or not, it doesn't matter

Here is what you do

1. Fold and press the 4"X8" strip with right sides together to make it 2"X8". Using a 1/4" seam sew down the long side and across one end. Clip corners and turn right side out. Press. Fold the sewn end through the flat side of both D rings and then sew across to secure.
2. Fold and press the 4"X28" strip with right sides together to make it 2"X8". Using a 1/4" seam sew down the long side and across one end. Clip corners and turn right side out. Press.
3. Fold and press 1/2" all the way around the 36"X 26" wrong sides together. Fold in again, 1/2" all the way around and press.
4. Find the center of the top 36" side of the fabric. Center the boning inside here and pin to keep in place. (The bow should go out toward the outside front.)
5. Place on of the necktie strips on each side of the boning inserting the raw edge under the fold. Pin in place.
6. Sew all the way around the cover close to the inner edge of the folds.
7. Press the necktie strips up and sew in place at the top edge of the cover.